Stephanie Smith, CFMS President Annual General Meeting Report September 20-22nd, 2019. St.John's, Newfoundland



I. DESCRIPTION OF POSITION

From the CFMS bylaws:

- a) Appoint the Chairs of all committees except as otherwise provided; and
- b) Appoint an Executive Vice President from among the Executive Committee; and
- c) Succeed to the Office of Past-President upon the election of their successor; and
- *d)* Be responsible for the general supervision and direction of the business of the Federation.

The role of the President is multifaceted. The President sets organizational goals and oversees their implementation. Specific activities are delegated to members of the CFMS Board and the President is responsible for providing support, guidance, and institutional memory. The President contributes to agenda-setting for each General and Board meeting. The President is also the designated spokesperson for the Federation and interacts with representatives of media, government, public, and national medical organizations. Representative roles set aside for the President include the AFMC Residency Matching Committee (ARMC), the Canadian Residency Matching System (CaRMS), the Canadian Medical Forum (CMF), the Physician Resource Planning Advisory Committee (PRPAC), and others by invitation.

Date	Meeting	Location
September 20-23,	2018 CFMS AGM	Montreal, QC
2018		
September 23-	One-on-one meetings with board	Teleconference
October 12, 2018	members	
September 24, 2018	CaRMS Learner Meeting	Ottawa, ON
September 27, 2018	CaRMS Webinar	Teleconference
October 2, 2018	AFMC Network on Physician Health Teleconference	
October 5, 2018	Canadian Health Workforce Conference- Gatineau, QC	
	STRIVE Workshop	
October 11, 2018	CBC Radio-Interview on free tuition	Radio
October 12, 2018	International Conference of Physician Toronto, ON	
	Health-CMA Ambassador program	
	launch	
October 22, 2018	AFMC 75 th Anniversary Symposium on Ottawa, ON	
	Future of Academic Medicine	
October 25, 2018	Royal College CelebrationOttawa, ON	
October 26-28, 2018	CFMS Fall Board Meeting Ottawa, ON	
October 28, 2018	FMEQ Meeting Teleconference	
October 30, 2018	OMSA Meeting Teleconference	

II. MEETINGS ATTENDED



		of Medical Students étudiantes en n
November 2-4, 2018	Yukon Medical Association Annual	Whitehorse, YK
	General Meeting	
November 4, 2018	MD Financial Meeting	Whitehorse, YK
November 12, 2018	CaRMS/ARMC Meeting	Teleconference
November 15-17,	Family Medicine Forum	Teleconference
2018		
November 18, 2018	CFMS Board Meeting	Teleconference
November 20, 2018	AFMC Residency Matching Committee	Teleconference
	Meeting	
November 21, 2018	CMA's annual reception on the Hill	Ottawa, ON
November 24-25,	Resident Doctors of Canada	Ottawa, ON
2018		
November 29, 2018	CaRMS member annual meeting	Ottawa, ON
December 3, 2018	Canadian Medical Foundation	Ottawa, ON
December 11, 2018	National Specialty Societies Human	Ottawa, ON
	Resources	
December 16, 2018	CFMS Board Meeting	Teleconference
December 18, 2018	AFMC Residency Matching Committee	Teleconference
	Meeting	
January 5-6, 2018	CFMS WBM	Toronto, ON
January 18, 2019	PRPAC Meeting	Teleconference
January 18, 2019	FMEQ Meeting	Teleconference
January 21, 2019	CaRMS Learner Meeting	Teleconference
January 22, 2019	CaRMS/AFMC/CFMS/FMEQ Match	Teleconference
	Day Student Affairs Comms Mtg	
January 23, 2019	AFMC Residency Matching Committee	Teleconference
	Meeting	
January 28, 2019 AFMC Meeting on Learner Handove		Teleconference
	Initiative	
January 31, 2019	MDFM Prep Meeting	Teleconference
February 2-4, 2019	National Day of Action	Ottawa, ON
February 3, 2019	MDFM Quarterly Meeting	Ottawa, ON
February 3, 2019	FMEQ Meeting Ottawa, ON	
February 4, 2019	Meeting with CaRMS CEO Ottawa, ON	
February 4, 2019	Meeting with AFMC CEO	Ottawa, ON
February 6, 2019	SGM Planning Meeting	Teleconference
February 10, 2019	CFMS Board Meeting	Teleconference
February 12, 2019	AFMC Meeting Teleconference	
February 20, 2019	CMA CCPH Planning Meeting	Teleconference
February 26, 2019	Match Day Media Interviews	Teleconference



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February 28, 2019	AFMC Update meeting on Elective	Teleconference
	Diversification	
February 28, 2019	FMEQ Planning Meeting	Teleconference
March 4, 2019	MOTP Surge 2019 Meeting	Teleconference
March 7, 2019	MCC Meeting	Teleconference
March 15, 2019	MDFM Meeting	Calgary, AB
March 17, 2019	CFMS Board Meeting	Teleconference
March 26, 2019	ARMC Meeting	Teleconference
April 4, 2019	Meeting with AFMC CEO	Teleconference
April 8, 2019	CFMS Board Meeting	Teleconference
April 10, 2019	FMEQ Planning Meeting	Teleconference
April 11-14, 2019	SGM/CCME	Niagara Falls, ON
April 13, 2019	Meeting with AFMC CEO	Niagara Falls, ON
April 13, 2019	AFMC Board of Directors Meeting	Niagara Falls, ON
April 14, 2019	RDOC Resiliency Planning Meeting	Teleconference
April 19, 2019	MOTP Surge 2019 Meeting	Teleconference
April 23, 2019	Day of Action #2 Planning Meeting	Teleconference
April 28, 2019	Day of Action #2 Planning Meeting	Teleconference
April 30, 2019	Day of Action #2	Ottawa, ON
April 30, 2019	ARMC Meeting	Teleconference
May 1, 2019	Committee on Specialty Education	Ottawa, ON
May 1, 2019	PRPAC Meeting Teleconfere	
May 6, 2019	Meeting with AMSA President Teleconference	
May 12, 2019	CFMS Board Meeting Teleconference	
May 15, 2019	CMA Meeting	Montreal, QU
May 16, 2019	U of C Dean Meeting	Teleconference
May 17, 2019	U of M Dean Meeting	Teleconference
May 20, 2019	NOSM Dean Meeting	Teleconference
May 20, 2019	MOTP Surge 2019 Meeting	Teleconference
May 27, 2019	CaRMS Member Meeting	Teleconference
May 29-30, 2019	Resident Doctors of Canada-Positive	Ottawa, ON
	Working Environment Summit	
May 31, 2019	MDFM Strategic Planning Meeting	Halifax, NS
June 1-2, 2019	CFMS Summer Board MeetingHalifax, NS	
June 3, 2019	CMF MeetingOttawa, ON	
June 5, 2019	PGME Meeting Ottawa, ON	
June 8-10, 2019	FMRAC Whistler, BC	
June 11, 2019	FMEQ Planning MeetingTeleconference	
June 17, 2019	STRIVE Meeting	Toronto, ON
June 26, 2019	ARMC Meeting	Teleconference
Julie 20, 2019	AKIVIC Meeting Teleconference	

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July 3, 2019	CMA Grand Central Planning Meeting	Teleconference
July 17, 2019	FMEQ Planning Meeting	Teleconference
July 21, 2019	CFMS Board Meeting	Teleconference
July 25, 2019	STRIVE course	Calgary, AB
August 1, 2019	CMA Immunization Campaign Meeting	Teleconference
August 11-13, 2019	CMA AGM & Health Summit	Toronto, ON
August 14, 2019	CMA Board Meeting	Toronto, ON
August 15, 2019	Data Stewardship Committee Meeting	Teleconference
August 18, 2019	CFMS Board Meeting	Teleconference
August 22, 2019	CMA Immunization Campaign Meeting	Teleconference
August 30, 2019	CSES President Meeting	Teleconference
September 8, 2019	CFMS Board Meeting	Teleconference
September 9, 2019	CMA Board Meeting	Teleconference
September 11, 2019	CMA Board Meeting	Ottawa, ON
September 11, 2019	CMA Patient Voice Committee	Teleconference
September 12, 2019	AFMC Planning Meeting	Teleconference
September 13, 2019	MDFM Meeting	Teleconference
September 14-15,	Resident Doctors of Canada Meeting Ottawa, ON	
2019		
September 19, 2019	CFMS Board Meeting	Teleconference
September 19-22,	CFMS Annual General Meeting St. John's,	
2019		Newfoundland

III. PRIORITIES AND PROJECT AREAS

The following are descriptions of initiatives that I was responsible for within the President portfolio. I encourage members to read all the reports by board directors to achieve a better understanding and appreciation of the collective work completed by the organization throughout our 2018/2019 term.

Implementation of CFMS Human Resources and Operations Strategic Plan 2017 – 2022

The 2017-2022 Strategic Plan was reviewed at our Fall Board Meeting (FBM) and board goals were established for the year. Thanks to the tremendous hard work by all staff, Board Members, National Officers (NO), Roundtables (RT), committees, working groups (WG) and taskforces, there was excellent progress achieved as illustrated in the matrix below.



Operational	Action item	Progress	Comments
Direction			
1. Improve	1.1 Implement		Dyad model passed at SGM 2018.
Efficiency of	robust governance		
Committees and	structure		
General Assembly			
	1.2 Create a		Initiated in 2017. Over the past year,
	Governance		the GC successfully reviewed and
	Committee		supported members in completing
			Terms of Reference for all Board
			Members, NO, RT and committees.
			In addition to many other documents.
	1.3 Portfolio &		Gantt chart implemented at board
	Committee		level and detailed goals established
	Workplans		at FBM that were emphasized
			throughout the year.
	1.4 Position Paper		Position Paper task force
	submission		recommendations developed and
	guidelines		implemented successfully. Helpful,
			easy to use documents created to
			assist with submission process
	1(5		understanding.
	1.6 Empower		Guidelines implemented to provide
	Resolutions		support and incorporate Resolution
	Committee		Marketplace at AGM and SGM.
	1.8 Create Finance, Audit & HR		Initiated at AGM 2017. Supported
	committee		VP Finance with zero based budget
	commutee		process and provided recommendations that were
			incorporated in proposed budget.
	1.10 Establish		In effect as of AGM 2018.
	consent agenda		
	1.12 Increase GA		Passed at 2018 SGM. Submitted to
	votes from 2 to 3		and approved by Corporations
	, 5005 110111 2 10 5		Canada.
	1.13 Implement		Full implementation at AGM 2018
	Resolutions Task		and ongoing engagement.
	Force		
	Recommendations		
	A.1 Elections		Passed at 2018 SGM. All directors
	timeline		and VPs will be elected at SGM with



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2. Engage and		President and start term at AGM.
Develop Member		Regional Directors continue to be
Volunteers		elected at AGM.
	B.1 Update	Completed by Governance
	officer/board terms	Committee throughout 2018/2019
	of reference	term.
	B.2 Consistent board	Standardized Board handover
	handover	templates complete
	C.1 Review school	Presented concerns at Deans
	absence policies	Roundtable at CCME. All indicated
	-	they are supportive of absence when
		students are in good academic
		standing and if absence does not
		negatively impact clinical
		requirements for student or rotation
		while in clerkship. Ongoing
		discussions with AFMC to increase
		support 3-5 days annually.
	C.3 Ensure student	Significant advocacy efforts over last
	on each AFMC	few years and emphasis by education
	committee	portfolio has ensured representation
	•••••••	on all AFMC committees.
3. Enhance Board	3.1 Past-president as	Implemented at AGM 2018.
Structure and	chair	
Regional		
Representation	3.2 Change board	Submitted to and approved by
	member titles	Corporations Canada.
	3.4 Regional Rep as	Submitted to and approved by
	chair of CFMS Reps	Corporations Canada.
	RT	Corporations Canada.
	3.5 Adopt Dyad	Submitted to and approved by
	model for board	Corporations Canada.
4. Increase	4.1 Budget	VP Finance conducted zero based
Human Resources	appropriate deficits	budget process with the board over
& Financial		2018/2019 and budgeted for
Health		appropriate deficits.
	4.2 Explore new	Always actively pursuing options.
	sponsorship	Extremely successful sponsorship
	sponsorsmp	achieved by Finance team
		throughout 2018/2019 term.

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4.4 Transition general manager to employee status	Projected implementation for 2019/2020.
4.6 Hire PT admin	Administrative assistant hired fall 2018.

• Unmatched Canadian Medical Graduate (uCMG) Crisis

The uCMG crisis remains a top priority item for the CFMS. There has been significant developments and continual ongoing efforts to support our members as highlighted below:

- Representation on the AFMC Residency Matching Committee which regular emphasis on developing supports for uCMGs and increasing residency positions.
- Collaboration with AFMC and CaRMS which lead to early release of uCMG names to student affairs when students opt in to be contacted by their student affairs office the day before the Match.
- Continued discussions with CaRMS and AFMC to negotiate free second iteration applications to encourage applications and decrease the financial burden on students that have to apply in second iteration.
- Collaboration with the CMA on their advocacy efforts with the provincial and federal governments to urgently increase the number of residency positions.
- Collaboration with the Canadian Armed Forces to create supernumerary family medicine positions as part of annual MOTP Surge.
- Teleconferences with representatives in government, provincial colleges, provincial associations and numerous family medicine residency programs.
- Adoption of CFMS motion to allow uCMGs to continue to access CFMS resources and services while still unmatched.
- Meetings with MPs and representatives at the Federal Health Minister's office and discuss the uCMG crisis for our second Day of Action.
- Second iteration registration fees reimbursement of \$150 to all students who participate in the second iteration.
- Creation of an unmatched student mentorship program and a new unmatched student advisory task force.
- Specific section in CFMS Matchbook dedicated to students who go unmatched.
- Elective Diversification Policy enforcement for 2021 graduates to ensure transparency for learners at medical schools across the country. While this policy has been in place for more than a decade, the AFMC was aware not all school were enforcing this. The CFMS has been assured that all schools have agreed to adhere

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to the policy, ensuring no learner is unfairly disadvantaged. Ongoing communication has been requested throughout this transition period.

 Lastly, the CFMS will continue to engage with provincial and federal governments as well as the faculties of medicine to strategize solutions to the situation. The efforts by Alberta, Manitoba and Ontario to maintain CMG streams in both the first and second iteration improved match rates of CMGs in the 2019 Match and we encourage all provinces to utilize this method for 2020.

• Day of Action

The CFMS conducted two "Day of Action" events in 2019. Both were held in Ottawa and provided numerous opportunities for medical students to meet with Members of Parliament. The first was held February 2-4, 2019 on Senior's Care and Aging. More than 60 students attended this extremely well-organized event.

For the second year, a second Day of Action was conducted on the unmatched CMG crisis. The event was held April 30, 2019 with 9 students advocating for federal action and guidance on the issue.

• Resiliency

The CFMS SA portfolio and RDOC Resiliency Committee have been collaborating to ensure complementary approaches to resiliency training of learners which we hope to see implemented in 2019/2020. The CFMS is currently offering opportunities for training on STRIVE (Simulated Training for Resilience in Various Environments) which is developed based on the Canadian Armed Forces Road to Mental Readiness. The program is currently incorporated in medical school curriculum at the University of Calgary and has been recently been utilized at the University of McGill PGME. We look forward to providing training at MUN at AGM and hope to see continued interest from medical schools across the country.

The National Wellness Program is completing its second year and has more than 40 members volunteers. The CFMS will continue to highlight the stories of our members to continue inspiring and motivating one another. It has been recognized at the International Conference on Physician Health, CCME and by the AFMC Student Affairs Deans.

• Climate Change

The Health and Environment Adaptive Response (HEART) Taskforce has been recognized as a world leader in developing climate change guidance and recommendations that are guiding medical school curriculums around the world. HEART

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representatives recently presented their work at the CMA Health Summit held in Toronto in August 2019.

• International Presence

The CFMS has been actively involved with IFMSA events in 2019 due to the exceptional efforts of the Global Health Team:

- 2 students attended the IFMSA America's Regional Meeting in Quito, Equador from 6-11 January 2019.
- 1 student attended the WHO Executive Board Meeting in Geneva, Switzerland from 22-29 January 2019.
- 6 students attended the IFMSA Annual March Meeting in Portoroz, Slovenia from 1-7 March 2019.
- 1 student attended the UN Commission on the Status of Women in New York City, New York from 11-22 March 2019.
- 10 students attended the IFMSA August Meeting 2019 in Taiwan, where the Manitoba Mife Campaign won the IFMSA Activities Fair.

• Learner Privacy

The CFMS has been collaborating with the AFMC reference the Learner Handover Document to advocate for privacy and optional completion of the document by students. The education team engaged in many high level conversations with various medical education stakeholders about appropriate learner data stewardship. The CFMS, FMEQ and RDOC endorsed a pilot project to be conducted in the 2019/2020 year for incoming resident trainees at 5 schools: U of Calgary, U of Montreal, McGill, Dalhousie and U of T. We look forward to the results of this pilot project and have ensured medical student and resident representation is involved in the research committee to ensure all concerns are addressed with the learner focus at the forefront.

• Opportunities with Joule

We are excited to announce three medical students that recently received innovation grants: Gabriel Georges received a Health care Solution Grant of \$20,000 for Puzzle Medical Devices and two medical students received Emerging physician innovator grants: Jordan Lewis received \$5,000 for Flutter Wear and Philip Edgcumbe received \$5,000 for Pico Lantern. Congrats to our innovative student leaders!

• 2019 CFMS AGM

I look forward to the CFMS AGM in St. John's and the opportunity to meet with the CFMS membership. Our meeting will feature conversations with many stakeholders in the

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medical education community as well as host two panels. One on health innovation and the other on physician leadership and advocacy by representatives from the Association of Faculties in Medicine, the Canadian Medical Association, Joule and the Resident Doctors of Canada. In addition to the Regional Representatives election, we will also elect a Director of Global Health. The MUN planning committee has worked exceptional hard to get sponsors, organize fun events and provide opportunities to experience St. John's while getting to know medical students from across the country. We gladly welcome Dr. Franco Rizzuti as our AGM 2019 chair and feel very fortunate for his continued support with the CFMS. Lastly, a big thank you to Rosemary and Stephanie (our wonderful CFMS staff) for all of the coordination and planning for AGM.

IV. REFLECTIONS & CONCLUSIONS

Thank you for the honor to serve you over the last year. I truly wish I had been in a program that provided me the opportunity to travel for electives, so that I could have done a Presidential Tour and visited you all. I tried to connect with students every chance I could, whether on CaRMS tour, attending meetings or running into a fellow medical student with a colorful backpack at the airport! Throughout my term, I have witnessed the exceptional work and creative initiatives developed to support medical student's wellness, strengthen the medical education system, improve the residency matching process, and improve patient care across the country. The achievements made by so many committed medical students is a true testament of our organizations' ability to work together as a team, advocate for one another and promote each other's efforts.

I am so grateful to the exceptional team I have worked with over the past year and know I would have not made it to the end, without your support, kindness and hard work. Your passion and commitment to improving health care for all Canadian citizens and fostering a positive working environment are essential to our success as the future of medicine in the country. I'm excited to start this new chapter and to welcome past Western Regional Director/current Director of Student Affairs and Executive VP, Victor Do to assume the position of President. I know without a doubt he will do an exceptional job in the role and I look forward to continue learning from him while I transition into the past President role.

Regards,

Stephanie Smith

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